



ULTRASOUND:

Ultrasound preparations vary based on the specific exam being done. Below you will see the 4 different preps with the procedures following. If you are unsure which prep is appropriate for you, please call 883-8111.

No Preparation Required

- Renal/Kidneys
- Carotid with Doppler
- Testicular with Doppler
- Thyroid
- Appendix
- Pelvic - Trans Vaginal
- Upper/Lower Extremities (Venous Doppler)
- Upper/Lower Extremities (Arterial Doppler)

Soft Tissue Neck

Fasting 8-10 hours prior to exam

- Abdominal Complete
- Abdominal Limited
- Abdominal Aorta
- Renal Doppler
- Abdominal Doppler

Full Bladder Preparation (directions below)

- Pelvic (If trans abdominal is check on order)
- OB Ultrasound
- Bladder – Trans abdominal studies only

Instructions:

Two hours before the test, drink 32 ounce of water. Drink one 8oz glass every 15-20 minutes.

Please do not drink carbonated beverages.

Once you begin drinking, DO NOT EMPTY your bladder.

You should eat.

Infants

- Hip
 - No Preparation Required
- Pyloric Stenosis
 - Infant must fast 2-4 hours
 - Please bring a full bottle